



WorkLife Resource and Referral Services

Horizon Health's WorkLife program takes your traditional employee benefits to a whole new level.

Life in today's world can be hectic, complicated, and stressful, and it is a challenge to balance the demands of work, family, and life. With WorkLife Services from Horizon Health, you have access to immediate assistance in identifying real solutions for child care, elder care, and a host of everyday personal and family issues, including:

- **CHILD CARE.** Child care centers, family day care homes, summer camps, nanny/au pair agencies, nursery schools, before and afterschool programs, kindergartens, special needs care, pregnancy resources, adoption referrals, more...
- **ELDER CARE & CARE FOR PEOPLE WITH DISABILITIES.** Home health care, nursing homes, adult day care, transportation services, support groups, meal programs, assisted living, emergency response, housing options, and Medicare/Medicaid, geriatric care management, more...
- **CAREGIVER SUPPORT.** Long-distance caregiving issues, support groups, sandwich generation solutions, respite, community referrals, more...
- **SCHOOL & COLLEGE PLANNING.** Educational programs and schools from kindergarten programs through graduate schools, private elementary schools, before and afterschool programs, special needs services, more...
- **CONVENIENCE SERVICES.** Relocation, home cleaning, lawn and landscaping, plumbing, automotive, travel information, pet care and breeding, entertainment, dining, more...

TWO WAYS TO ACCESS THESE SERVICES:

Horizon Health's 24-hour Toll-free Member Line: With one toll-free phone call, a WorkLife counselor will gather the information needed to do all the legwork for a range of caregiving and day-to-day responsibilities. The WorkLife counselor continues to provide individualized assistance for the member until the needs are met. Information on referral sources is provided via email, hardcopy, and telephone.

Horizon Health's Online WorkLife Services: Through the Horizon Health Employee Assistance website, members are able to search for resources online from a network of over one million providers of a variety of services, from dependent and elder care to pet care.

Live Well... Work Well... with Horizon Health.



1-888-293-6948
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